



# VELAA SPA



A PARADISE  
JUST FOR YOU

MENU

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## PHILOSOPHY

Welcome to Velaa Spa, a paradise within paradise at Velaa Private Island Maldives. Enter a world of expertise and excellence, pleasure and performance, where cutting-edge technology meets the ancestral art of touch.

Offering you the ultimate treatment experience, our programmes are uniquely designed for your personal needs, creating a balance of life between spa treatments, mindfulness, fitness and nutrition.

Velaa Spa is a sanctuary of peace where you can reconnect with nature, rejuvenate your body and relax your mind. Using natural and organic ingredients, we provide a fresh take on healing therapies within a location of resounding beauty.

## SENSE OF PLACE EXPERIENCES

Our *Sense of Place Experiences* draws from Velaa's intrinsic concept of being harmonious with the Maldives. These special treatments blend healing expertise with the power of natural and organic ingredients.

### Velaa Elixir Of Life

180 min

This treatment encompasses an array of premium, antioxidant-rich ingredients to rejuvenate and protect skin from the natural signs of aging. Commencing with a *Royal Rose Body Wrap* to rehydrate and soothe the body, it is followed by our *Signature Bespoke Massage* - a healing experience tailored to your specific needs. The experience completes with a *Signature Luxury Green Caviar Facial* - infused with gold trace elements, this is perfect for skin that is in need of a regenerative boost.

### Velaa Ocean Bliss

120 min

The healing properties of Dead Sea salt crystals are harnessed to gently exfoliate the skin, resulting in the elimination of toxins. A *Fucus Algae Body Wrap* then purifies and remineralises the body. The experience completes with a *Detox Massage* to drain excess fluid, reduce water retention and restore equilibrium to both body and mind.

### Velaa Bamboo Ritual

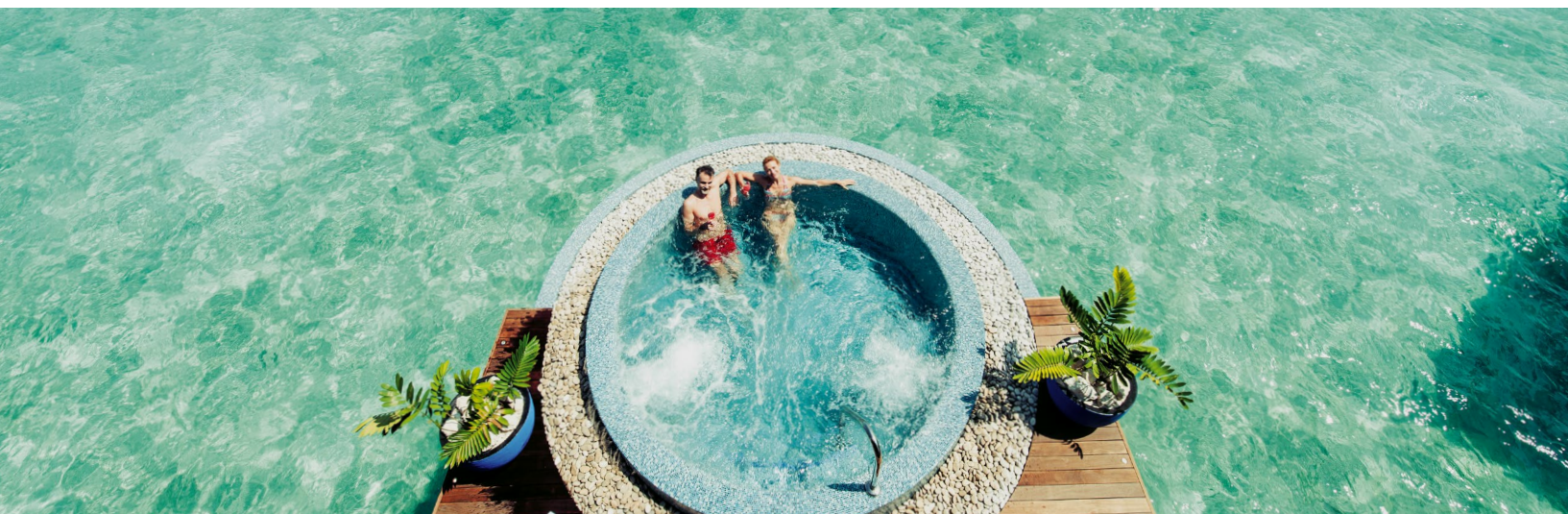
120 min

Drawing inspiration from the indigenous intuition of the Maldives, this treatment begins with a jojoba and bamboo exfoliating scrub, followed by a warm poultice compress to prepare the body for a deeply soothing massage. Palm pressure and bamboo tools are used along the meridian lines, releasing tense muscles and allowing for better energy flow. A refreshing spray of green tea mist completes the experience.

### Maldivian Royal Rose (For Couples)

150 min

Inspired by the Maldivian Pink Rose, this luxurious couples treatment commences with a *Royal Rose Body Wrap* - rich in royal jelly, honey and propolis clay to rehydrate the skin. It is followed by a relaxing scalp and body massage with long, rhythmic strokes to relieve muscle tension and a mini-facial enhanced by beautiful rose mist. This romantic experience completes with a glass of Champagne and handmade chocolate truffles.



## VELAA BALANCE OF LIFE

In our quest to take you on a journey with uplifting and grounding results, Velaa Spa has curated a selection of exquisite and effective treatment combinations paired with fitness and nutrition regimes, to holistically restore your sense of personal well-being.

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### 3 or 5 days

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#### Relax Programme - 3 days

1 x Delicate Body Scrub	60 min
1 x Balinese Relaxing Massage	90 min
1 x Fucus Algae Body Wrap	60 min
1 x Skin Balancing Facial	60 min
1 x Personal Yoga Session	60 min
3 x Relax Juice	

#### Relax Programme - 5 days

1 x Delicate Body Scrub	60 min
2 x Balinese Relaxing Massage	90 min
2 x Fucus Algae Body Wrap	60 min
1 x Skin Balancing Facial	60 min
2 x Personal Yoga Session	60 min
5 x Relax Juice	

#### Rejuvenate Programme - 3 days

1 x Chardonnay Body Scrub	60 min
1 x Oriental Fusion Massage	90 min
1 x Royal Rose Body Wrap	60 min
1 x Rejuvenating Jewel Facial	60 min
1 x Personal Training Session	60 min
3 x Rejuvenating Juice	

#### Rejuvenate Programme - 5 days

1 x Chardonnay Body Scrub	60 min
2 x Oriental Fusion Massage	90 min
2 x Royal Rose Body Wrap	60 min
1 x Rejuvenating Jewel Facial	60 min
2 x Personal Training Session	60 min
5 x Rejuvenating Juice	

#### Detox Programme - 3 days

1 x Bamboo Scrub	60 min
1 x Detox Massage	90 min
1 x Green Tea and Aloe Body Wrap	60 min
1 x Skin Balancing Facial	60 min
1 x Personal Training Session	60 min
3 x Detox Juice	

#### Detox Programme - 5 days

1 x Bamboo Scrub	60 min
2 x Detox Massage	90 min
2 x Green Tea and Aloe Body Wrap	60 min
1 x Skin Balancing Facial	60 min
2 x Personal Training Session	60 min
5 x Detox Juice	

#### Fitness Reviver Programme - 3 days

1 x Remineralising Body Scrub	60 min
1 x Oriental Fusion Massage	90 min
1 x Fucus Algae Body Wrap	60 min
1 x Organic Refreshing Facial	60 min
1 x Personal Training Session	60 min
3 x Velaa Green Juice	

#### Fitness Reviver Programme - 5 days

1 x Remineralising Body Scrub	60 min
2 x Oriental Fusion Massage	90 min
2 x Fucus Algae Body Wrap	60 min
1 x Organic Refreshing Facial	60 min
2 x Personal Training Session	60 min
5 x Velaa Green Juice	

## MASSAGES

### Signature Bespoke Massage

60/90 min

Velaa Spa's signature massage helps to restore and balance the flow of energy within the body, mind and spirit. Discover a bespoke healing experience utilising a variety of therapeutic massage techniques tailored to your specific needs.

### Detox Massage

60/90 min

A stimulating experience that begins with dry body brushing to encourage blood and lymphatic circulation. Using a variety of massage techniques and Velaa Spa's Detox Oil, this treatment eliminates toxins from the body and aids with reducing fluid retention.

### Mother To Be Massage

60 min

A relaxing massage for expecting mothers. This treatment aims to reduce swelling and relieve the stress of pregnancy by alleviating fatigue, lower back pain, shoulder strain and muscle cramps. Suitable for second and third trimester of pregnancy.

### Myofascial Technique Massage

60/90 min

Myofascial release is an alternative medicine therapy that treats skeletal muscle immobility and pain by relaxing contracted muscles. This massage targets isolated areas that may require special attention and is effective in improving circulation and stimulating the stretch reflex.



## ASIAN INSPIRED MASSAGES

### Balinese Relaxing Massage

60/90 min

This gentle and nurturing treatment has an extraordinarily restorative effect. A combination of long rhythmic strokes, acupressure and energy awareness paired with Velaa Spa's Relax Oil releases tension and soothes the mind.

### Oriental Fusion Massage

60/90 min

A traditional Asian deep tissue massage utilising Velaa Spa's Rejuvenating Oil. This technique uses a fusion of pressure point targeting and stretching to relax muscle tension and improve circulation.

### Japanese Massage

60/90 min

A light to medium pressure massage using KOTOSHINA's Sweet Green Tea Body Butter to relax, calm and deeply moisturise the body.

### Traditional Thai Massage

60/90 min

An invigorating dry massage combining palm pressure and rocking, with deep stretches to reduce tension and improve flexibility.

### Bamboo Massage

60/90 min

A deeply soothing palm pressure and bamboo massage using gliding strokes along the body's meridian lines to release muscle tension and enhance circulation.

### Foot Acupressure

60 min

This holistic Chinese therapy uses pressure-point massage on the feet to balance the flow of energy throughout the entire body.



## AYURVEDIC MASSAGES

### Indian Head and Shoulder Massage

60 min

A relaxing massage that combines Velaa Spa's Ayurvedic Oils along with gentle and stimulating techniques on the upper back, neck and scalp to evoke a deep sense of relaxation.

### Kati Vasti Massage

60 min

A specialised treatment of the lumbar region where warm medicated oil is pooled within a ring of herbal paste. This massage relieves lower backache by lubricating the joints which improves spinal conditions.

### Shirodhara Massage

60 min

Warm Ayurvedic oil continuously flows over the third eye, stimulating the pineal gland to enhance well-being and balance emotions.

### Abhyanga Massage

90 min

This traditional massage uses long and invigorating strokes to relieve fatigue, detoxify the body and balance the doshas.

### Abhyanga and Shirodhara Massage

90 min

This treatment combines Ayurvedic therapies and begins with Abhyanga, a rhythmic massage to stimulate circulation and prana (energy). This is followed by Shirodhara, where a steady stream of warm oil is gently poured over the third eye to improve clarity of mind. Leave relaxed and refreshed with a renewed sense of energy.

### Podikizhi Massage

90 min

A warm poultice of herbal and medicinal powders is compressed over the body to assist in eliminating toxins, relieving muscle aches, improving skin tone and joint mobility.

### Udvarthana Massage

90 min

An invigorating body massage with herbal powders that exfoliate the skin and assist in detoxification. This treatment works to reduce fluid retention and the visible appearance of cellulite.

*For a holistic experience, allow Velaa Spa to help you create a personalised 3, 5 or 7 day Ayurvedic programme.*





## BODY CARE

Restore your body with these luxurious rituals incorporating natural and organic scrubs and wraps.

### BODY SCRUBS

#### Signature Chardonnay Luxury Ritual

120 min

This luxurious ritual uses the grape seed extracts of Chardonnay, the noblest grape used in the production of Champagne. Vinotherapy research has discovered that the polyphenols in grapes contain powerful anti-aging properties. This treatment begins with an exfoliation, followed by a body wrap of grape seed extract mixed with Champagne. It completes with a grape seed oil massage, rich in antioxidants, resulting in rejuvenated and radiant skin.

#### Remineralising Body Scrub

60 min

The healing properties of Dead Sea salt crystals are synergised with a body-draining concentrate to gently exfoliate and remineralise the skin. This powerful treatment results in an elimination of toxins and tension. It also helps ease muscle stiffness along with joint pain.

#### Delicate Body Scrub

60 min

Specially adapted for delicate and sensitive skin, this treatment uses tiny exfoliating grains made from crushed, Swiss apricot kernels. Infused with a high concentration of Swiss honey, this nourishing scrub will leave your skin velvety, hydrated and radiant.

### BODY WRAPS

#### Purifying Body Ritual

120 min

An exotic treatment inspired by the enchanting Hammam rituals. It begins with a deep exfoliation and full body cleanse using a traditional Kessa glove and **Dr Burgener Switzerland's Nourishing Black Soap** - which is cold-pressed and rich in essential fatty acids. A *Fucus Algae Body Wrap* is then performed to remineralise and nourish the skin. The experience completes with our *Signature Bespoke Massage*.

#### Royal Rose Body Wrap

60 min

An anti-aging ritual that uses Pink Rose clay from the mountains of Syria to gently rid the body of impurities and provide rehydration. Synergised with a powerful body-draining concentrate, the combination of royal jelly, honey, propolis clay and essential oils awakens and transforms the skin.

#### Fucus Algae Body Wrap

60 min

This purifying and detoxifying body wrap is rich in minerals. It encourages hydration and skin elasticity, resulting in excess fluid drainage, inch loss and natural body toning.

## FACIAL CARE

Velaa Spa is proud to partner with Dr Burgener Switzerland, a world leading expert in beauty and rejuvenation. Facial care treatments are inclusive of a complimentary skin analysis.

### **Signature Luxury Green Caviar Facial**

**90 min**

This treatment is perfect for skin in need of a regenerative boost. An intense dose of green caviar combined with antioxidant-rich gold trace elements is applied, whilst ultrasound waves penetrate on a cellular level to repair and rejuvenate the skin. This luxurious facial will leave your complexion shimmering with renewed vitality and improved elasticity.

### **Collagen Firming Facial**

**90 min**

Stimulating skin from the inside out, ultrasound waves are used to boost the production of natural collagen and elastin. A biotechnological product, **Dr Burgener Switzerland's Intense Lift Collagen Cream** paired with the rejuvenating properties of a powerful collagen mask, produces a firmer, smoother and more uniform complexion.

### **Intense Glow Facial**

**90 min**

Ultrasound waves penetrate on a cellular level to brighten, purify and tone the skin. This is followed by a specialised sequence of massage techniques to increase circulation and lymphatic drainage. The treatment completes with an application of glycolic acid to leave skin radiant and luminous.

### **Rejuvenating Jewel Facial**

**60 min**

This treatment commences with a deep cleanse and exfoliation. A revitalising massage is then performed followed by an application of a nutrient-rich serum and essentials oils to combat the signs of aging. It completes with **Dr Burgener Switzerland's Royal Jelly Mask** to nourish, heal and illuminate the skin.

### **Skin Balancing Facial**

**60 min**

This treatment commences with a deep cleanse to decongest the skin. It begins with a gentle face exfoliation using **Dr Burgener Switzerland's Bamboo Clarifying Exfoliating Scrub**, to remove impurities, tighten pores and reduce sebum secretion. **Dr Burgener Switzerland's Purity Lotion, Alpine Purity Mask** and **Hydra Balance Cream** is then applied to reprogram and restore the skin.

### **Million Dollar Man Facial**

**60/90 min**

**Dr Burgener Switzerland's Bamboo Clarifying Exfoliating Scrub** is used to deeply cleanse the skin. An intense dose of green caviar combined with antioxidant-rich gold trace elements is then applied, whilst ultrasound waves penetrate on a cellular level to repair and rejuvenate. The treatment completes with a relaxing face massage to stimulate circulation and promote skin tone.

### **Concentrated Beauty Facial**

**30 min**

This express facial is a concise version of a full treatment in a fraction of the time. It is a bespoke experience that can be adapted for all skin types and individual concerns.

## FACIAL CARE ENHANCEMENTS

Supercharge your facial care treatment by adding on one of these extra powerful enhancements. Enhancement durations will be added on to the facial care treatment time.

### Ultrasound and Cavitation Peel

30 min

Enhance natural collagen and elastin production. An ultrasound and cavitation peel can transform even the dullest of complexions into radiant and plump skin.

### Gold Firming Mask

20 min

Derived from pure gold minerals, this luminous mask has both a stimulating and toning effect on the skin. This is the ideal complement for all facial care treatments to further encourage the production of collagen protein and elastin.

### Hydra-filler Mask

20 min

This highly effective mask deeply hydrates the skin to restore suppleness and glow. Rich with hyaluronic acid, this mask aids with retaining water to improve skin structure.

### Collagen Mask

20 min

Stimulating from the inside out, this powerful mask plumps the skin to produce a firmer, smoother and more uniform complexion.

### Glow Purity Mask

20 min

White and grey clay is used to deeply cleanse, balance and absorb sebum. This mask is perfect for the treatment of oily skin.

### Alpha White Facial

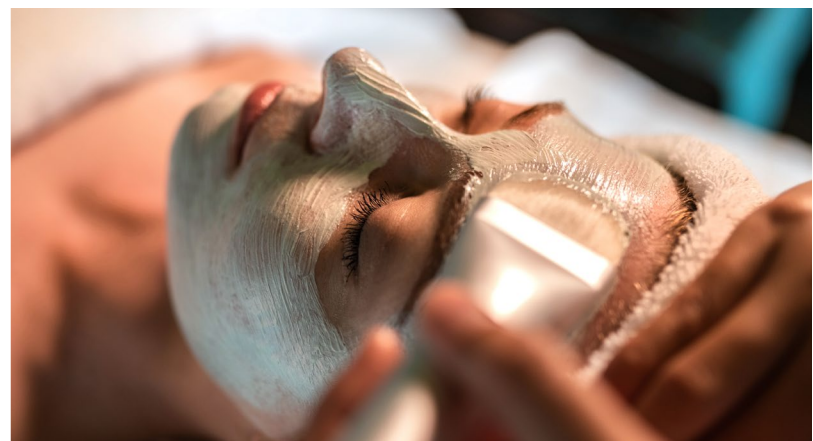
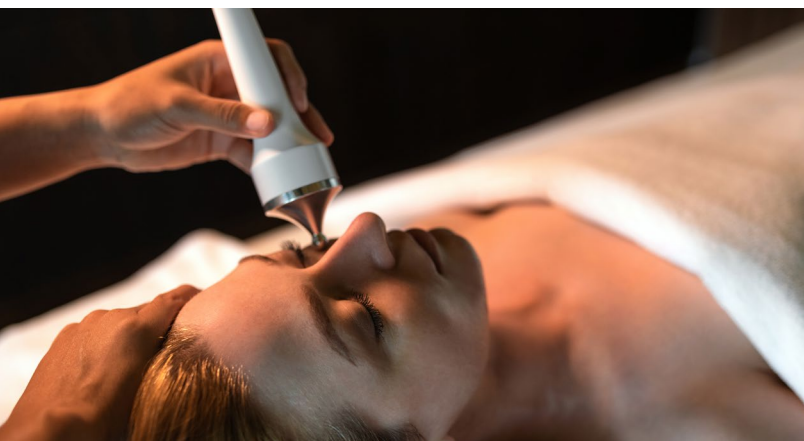
20 min

A concentrated dose of AHA - derived from grapefruit, orange and lemon, works to brighten and even out skin complexion. This treatment is beneficial for those who keep sun exposure to a minimum.

### Eyes To Go

15 min

These exclusive eye patches help to reinforce and soothe the blood capillary network. Containing Hamamelis extract, the result is anti-puffiness and the lightening of dark circles around the eyes.



## KOTOSHINA ORGANIC AND PURE

Velaa Spa is proud to partner with KOTOSHINA. A leading organic skin care expert from Japan that harvests the robust properties of green tea and French spa water for life enhancing and therapeutic benefits.

### Sugar Scrub

60 min

KOTOSHINA's Sugar Scrub, infused with orange and green tea essence, offers a gentle, yet effective exfoliation for your skin.

### Bamboo Scrub

60 min

KOTOSHINA's Jojoba and Bamboo Body Scrub, imbued with sweet green tea, exfoliates the skin leaving it feeling smooth, silky and fresh.

### Green Tea and Aloe Body Wrap

60 min

A cooling aloe vera and green tea body wrap combined with rhythmic massage movements provides intense hydration to the body, healing the skin and leaving it silky smooth. Combined with a facial massage to immerse you in deep relaxation.

### Organic Refresh Facial

60 min

This treatment uses an aloe vera infused mask to provide rich hydration. It intensively moisturises and refreshes, leaving your skin nourished and soft.

### KOTOSHINA Royal Enso Ritual

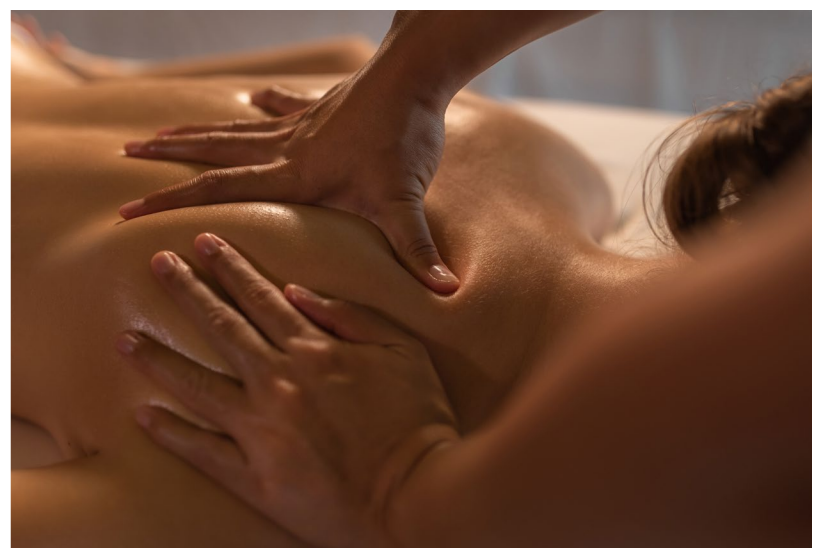
120 min

This luxurious ritual begins with a cooling *Green Tea and Aloe Body Wrap*. It is followed by a *Japanese Massage* using body butter imbued with tea seed oil and finished with an *Organic Refresh Facial* to provide intense hydration for the skin.

### KOTOSHINA Zen Body Ritual

120 min

This ritual commences with KOTOSHINA's Jojoba and Bamboo Body Scrub to gently exfoliate the skin. A *Japanese Massage* using KOTOSHINA's Sweet Green Tea Body Butter is performed before a hydrating *Organic Refresh Facial*.



## SLIMMING CARE

Our bespoke slimming care treatments combine advanced body sculpting techniques, palpate roll movements and cryolipolysis to drain toxins, target cellulite and reduce inflammation.

### Palper Rouler Massage

60 min

This massage begins with movements that palpate and roll, targeting cutaneous inflammation deep within the skin. Dr Burgener Switzerland's svelt oil is used to aid the process. It concludes with a light lymph massage to drain excess fluid and reduce water retention. This aids to relax connective tissue, enhance circulation and stimulate lipolysis, resulting in firmer skin and a more contoured figure.

### Swiss Salt Crystal Detox Body Ritual

60 min

Extracted from the glaciers of the Swiss Alps, Dr Burgener Switzerland's salt crystals, enriched with a powerful body-draining concentrate, are abundant in minerals that work to detoxify and reduce water retention, resulting in a more streamlined figure.

### Lipo Draining Cryofit Wrap

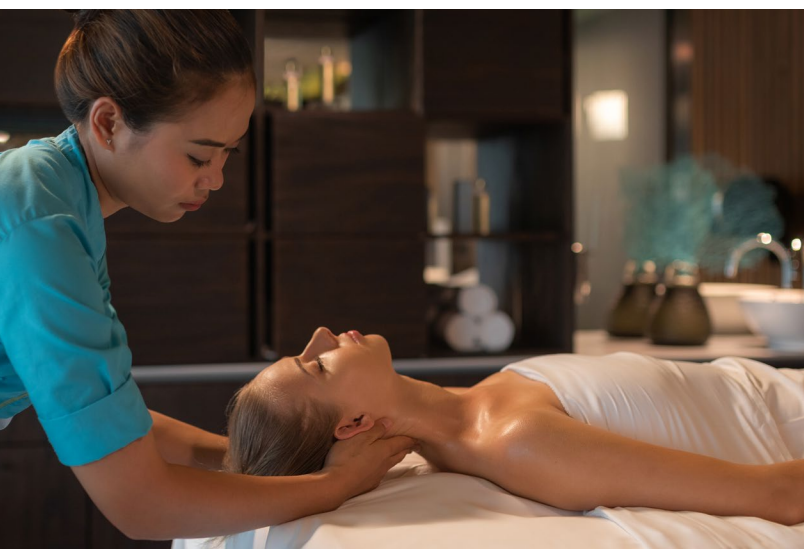
60 min

This cold and refreshing treatment is renowned for improving blood and lymphatic circulation. It relaxes the veins, treats the orange skin effect and is a successful cure for heavy legs. The cooling effect of menthol and camphor ingredients are refreshing and aid with stimulating blood flow.

### G5 Contouring

90 min

This non-invasive treatments assists with breaking down cellulite and improving lymphatic flow. Observe instantaneous inch loss, improvement in skin elasticity and blood circulation.



## SLIMMING CARE - 5 DAY PROGRAMME

Transform the way you feel with Dr Burgener Switzerland's 5 day slimming programme. Eliminate toxins, drain excess fluids and reduce the appearance of cellulite.

Day 1: Swiss Salt Crystal Detox Body Ritual + Palper Rouler Massage

Day 2: Palper Rouler Massage + Lipo Draining Cryofit Wrap

Day 3: Detox Massage

Day 4: Palper Rouler Massage + Lipo Draining Cryofit Wrap

Day 5: Detox Massage

## PERSONALISED SLIMMING PROGRAMMES

Allow Velaa Spa to help you create a personalised 3, 5 or 7 day slimming programme. Please approach one of our team members for more details.

## HIFU BODY SCULPTING

HIFU body sculpting is a non-surgical treatment that harnesses the latest technology in ultrasound to target subcutaneous fat tissue. The high frequency waves create thermal energy to breakdown stubborn fat cells whilst tightening skin around the treatment area simultaneously.

**Lower Leg** **45 min**

Breakdown fat cells around the lower legs and refine their shape.

**Upper Arm** **45 min**

Tighten drooping skin around the upper arms.

**Abdomen** **75 min**

Target stubborn fat deposits and tighten skin around the abdominal area.

**Flanks** **75 min**

Shrink the pockets of fat tissue that form unsightly "love handles".

**Thighs** **75 min**

Penetrate fat layers around the thighs to refine their shape.

## JUNIOR MENU

A selection of natural and organic treatments for our younger guests.

### Sugar Body Scrub

30 min

KOTOSHINA's Sugar Scrub, infused with orange and green tea essence, offers a gentle exfoliation and sweet treat for your skin.

### My Massage

30 min

A soft massage of the back, neck and shoulders with Velaa Spa's Virgin Coconut Oil.

### Facial

30 min

This treatment uses organic green tea to gently cleanse and moisturise. Includes a tender hand massage.

### Green Tea Glow Ritual

60 min

A simple ritual that commences with a *Sugar Body Scrub*, followed by a relaxing massage of the hands, back, neck and shoulders with Velaa Spa's Virgin Coconut Oil.

### Island Bliss Ritual

60 min

A soft massage of the hands, back, neck and shoulders with Velaa Spa's Virgin Coconut Oil, completed with a refreshing facial to gently cleanse and moisturise the skin.

### My Feet Treat

30 min

Bufs and polishes to leave you with very happy feet.

### Perfect Polish

30 min

Nails are gently buffed to a healthy shine and finished with a coat of polish.



## WELLNESS ACTIVITIES

### **InBody 770 - Body Composition Analysis**

**30 min**

The research-grade InBody 770 goes beyond traditional body composition analysis. Water levels, fat and muscle mass can be measured in a single snapshot. This extensive data can then be leveraged within a medical, wellness or fitness context.

### **Meditation**

**60 min**

Soothe the body and calm the mind through a collection of breathing techniques.

### **Fitness**

**60 min**

Re-energise and invigorate your body through a variety of scheduled group fitness classes.

### **Yoga**

**60 min**

Promote inner calm and mental focus through stretching, breathing and balancing.

### **Personal Training**

**60 min**

Achieve your fitness goals in one-on-one classes with a qualified personal trainer and tailored exercise programme.

### **In-Villa Aqua Aerobics**

**45 min**

Conducted in the privacy of your villa's pool, this full-body workout is a great way to get fit, lose weight and build stamina.

***Appointments are based on availability, please contact your personal butler or Velaa Spa for more information.***





## HAIR SALON

### Children's Hair Cut

30 min

A gentle shampoo, cut and basic styling for our younger guests.

### Men's Hair Cut

30 min

Relaxing shampoo, tailored haircut and basic styling.

### Women's Hair Cut

60 min

A customised haircut and basic styling to fit your individual style.

### Hair Colouring

Add colour to compliment your bespoke haircut. Our resident stylist can help recommend suitable colour options and an after-care routine personalised for you.

### Hair Styling

60 min

Special occasion hair styling inclusive of pinning and sculpting. Wash and blow dry not included. Alternatively, opt for thermal styling inclusive of a relaxing shampoo and finger dry.

### Add Ons

30 min

**Kérastase Hair Treatments:** Kérastase deep conditioning inclusive of a clarifying shampoo treatment followed by an intense heat activated moisturiser.

**Kérastase Preventative Hair Fall Treatments:** Anti-thinning care that helps maintain density, encouraging the growth of thicker, stronger hair.

**Scalp Exfoliation:** This treatment works to stimulate hair follicles, remove product build-up and re-balance pH levels. It detoxifies the scalp and promotes healthier hair growth.



## NAILS AND BEAUTY

**Manicure** **60 min**

A classic manicure to rejuvenate your hands and nails. Inclusive of a nourishing hand massage to promote supple skin and an application of normal nail polish.

**Manicure with Gel Polish** **60 min**

A classic manicure to rejuvenate your hands and nails. Inclusive of a nourishing hand massage to promote supple skin and an application of gel polish.

**Gel Polish** **45 min**

An application of gel polish and hydrating hand cream to finish.

**Acrylic Nails** **120 min**

An acrylic overlay to precisely sculpt your nails followed by an application of gel polish.

**Acrylic Touch Up** **90 min**

A refill of acrylic nails, after 2-3 weeks from application. Nails will be filed and finished with an application of gel polish.

**Acrylic Removal** **45 min**

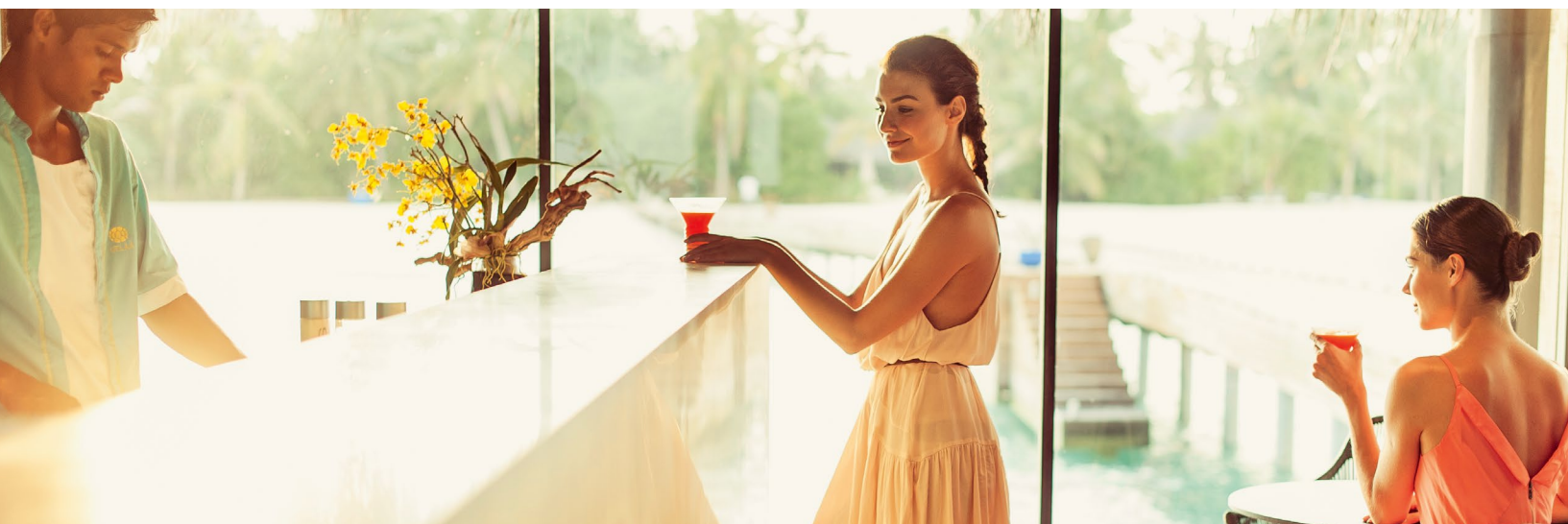
E-filing removal of acrylic nails followed by a manicure treatment of your choice.

**Pedicure** **60 min**

Revitalise feet, nails and cuticles with this invigorating treatment inclusive of a nourishing foot scrub to promote soft and supple skin.

**Pedicure with Gel Nail Polish** **60 min**

Revitalise your feet, nails and cuticles with this invigorating treatment inclusive of a nourishing foot scrub and an application of gel polish.



## SPA ETIQUETTE

### Opening Hours

Velaa Spa is open daily from 11 AM - 8 PM.

### Spa Reservations

To make a reservation or for further information, please inquire with your personal butler or Velaa Spa.

### Cancellation of a Reservation

A booking cancellation fee of 100% will be charged on all services cancelled within 4 hours or less of the appointment time.

### When to Arrive

We invite you to arrive at Velaa Spa 30 minutes before your scheduled reservation. This will allow time to familiarise yourself with the facilities, complete your consultation and relax in our spa lounge prior to your treatment.

### Late Arrival

As a courtesy to all our guests, Velaa Spa adheres to a prompt appointment schedule. While we will do everything to accommodate late arrivals, a booking may not be honoured if it will affect subsequent guests. In this case a cancellation fee will apply.

### Spa Facility Experiences

To enhance treatment benefits and stimulate lymphatic circulation, we invite all guests to use our spa facilities including the jacuzzi, steam, sauna and snow rooms before and after their appointments.

### What To Wear

Velaa Spa is a mixed area and we request appropriate bathing attire at all times. Towels, robes and slippers will be provided to ensure that your visit is comfortable and enjoyable.

### Health Concerns

Guests arriving for the first time will be invited to complete a health questionnaire so we can ensure the best possible spa experience and assure maximum safety and comfort. We must advise that nuts are served at Velaa Spa. Please inform us of any allergies you have when making an appointment.

### Mother To Be

Our first priority is your comfort and safety. For this reason, we recommend avoiding full body massages and heat treatments if you are within your first trimester. Our Spa team will be available to advise you.

### Young Guests

Velaa Spa is a sanctuary for adults. Guests under the age of 12 years must be accompanied by a guardian at all times and will have restricted access to the shared facilities. Guests aged 12 to 16 years are welcome to use the shared facilities, however they must be accompanied by a guardian at all times.

### In-Villa Spa

A selection of treatments can be experienced in the comfort of your villa with an applicable surcharge. Please contact your personal butler or Velaa Spa for more information.

### Payment

All treatments will be charged to your villa to be settled at check-out.

### Special Considerations

We recommend that all male guests shave prior to a facial. Avoid shaving or waxing one day prior to a body scrub treatment. Please shower off any oils or sun creams prior to allow better absorption of products. We suggest removing your hearing aids, spectacles and contact lenses prior to treatment. Avoid bringing valuables to the spa, store them safely in your villa. Rest and avoid direct sun or vigorous activity at least one hour after a spa treatment. Drink water before and after each treatment. To ensure your safety and comfort please wear appropriate footwear in the gym.

### Your Comfort

Please let our team know if there is anything we can do to further improve your experience. To maintain an environment of peace and privacy, Velaa Spa is a mobile phone and smoke free area.

### Disclaimer

Guests are kindly requested to ensure that they take care of all personal belongings. Velaa Spa does not accept responsibility for any loss or damage to property suffered as a result of any cause whatsoever.

All prices are quoted in USD and are subject to 10% service charge and 12% government tax. Please note that all services and prices are subject to change without prior notification.